

University of Pretoria Yearbook 2022

Motor learning and development II 221 (EXE 221)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	16.00
NQF Level	06
Programmes	BSportSci
Prerequisites	EXE 120
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed – requires departmental selection

An analysis and critique of how motor learning is affected by adulthood and aging and how to design appropriate programmes to maximise motor skill acquisition.

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